



INTRODUCTION

Spirit Tawfiq sparks transformative dialogue on identity, race, and racism to catalyze change.

As the daughter of Minnijean Brown Trickey, a Little Rock Nine member who desegregated Central High School in 1957, Spirit weaves a vivid narrative. Unaware of her mother's story as a child, the revelation became a catalyst for her life's work—uprooting racism through storytelling, education, and the arts.

Join Spirit for an enlightening exploration of history, resilience, and legacy to foster an understanding of our interconnected past, present, and responsibility to create a more equitable and harmonious future.

SPIRIT TAWFIQ

SPEAKER



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CONNECT WITH ME



[@rootsofthespirit](https://www.instagram.com/rootsofthespirit)

SPEAKING TOPICS

- Enlightening Conversations about race + racism
- Sharing Our Stories to Change the World
- Reclaim Your Power: Uprooting Internalized Racism
(Centering and celebrating BIPOC)

“WHAT PEOPLE SAY

Spirit has a very disarming and compassionate approach to getting the group to speak about sensitive topics.

Everyone left more empowered and prepared to think critically about the role that racism and other forms of oppression have played in our lives and what we can each do to challenge these legacies."

- Dr. Sheridan M. Booker
Director, The Beyond Identity Program
City College of New York